



The Intellectual  
and Developmental  
Disabilities Council  
of Tarrant County

**Welcome**

# **Navigating the IDD Service System:**

**What services is a person with an IDD eligible  
for and why are they so hard to access?  
PART 1**

**Presented by Cindi Paschall, The Self-Determination Group**

**Tuesday, August 11, 2020**



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Intellectual and  
Developmental  
Disabilities Council  
of Tarrant County

## **PURPOSE**

**To transform the region into an inclusive community where individuals with intellectual and developmental disabilities (IDD) thrive.**

## **MISSION**

**To bring stakeholders together to create an environment for the development of an efficient and accessible system of support for people with intellectual and developmental disabilities.**



Intellectual and  
Developmental  
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# Membership Driven

## Premier Partners:



## Organizational Partners:



and many individual and family memberships. Join us!



Intellectual and  
Developmental  
Disabilities Council  
of Tarrant County

# Welcome New Members!

- Tamesha Sowell
- Cook Children's Medical Center
- Your Name Belongs Here!  
[Membership Form](#)

## **FACILITATOR**

**CINDI IS A PARENT PASSIONATELY INVOLVED IN ADVANCING THE RIGHTS OF PEOPLE LIVING WITH DISABILITY LABELS. CINDI HAS DEDICATED THE PAST 24 YEARS TO ADVOCACY, APPLYING HER PERSONAL EXPERIENCE AND KNOWLEDGE IN HELPING OTHERS. OVER THE YEARS SHE HAS WORKED AND ALSO VOLUNTEERED FOR VARIOUS ORGANIZATIONS SET UP TO ASSIST AND EMPOWER INDIVIDUALS WHO HAVE A DISABILITY AND THEIR FAMILY TO LIVE A SELF-DETERMINED LIFE – ONE THEY DEFINE, NOT THE SYSTEM. CURRENTLY CINDI SERVES AS AN ASSISTANT OF THE SELF-DETERMINATION GROUP AND IS A FREQUENT SPEAKER AT LOCAL AND STATEWIDE EVENTS. CINDI'S PASSION IS FUELED BY HER DAUGHTER'S DETERMINATION TO LIVE A SELF-DETERMINED LIFE AND GIVE OTHERS A VOICE.**





# **Navigating the IDD Service System: What services is a person with an IDD eligible for and why are they so hard to access?**

Part 1: LTSS Programs: A Closer Look

Cindi Paschall - Assistant, The Self-Determination Group  
an affiliate of The Arc of DFW Area



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**WHEN:** Established in 2014 by Carissa Paschall & Jamie Butler

**WHY:** Amplify the voices of people with disabilities to live a self-determined life – life as each person defines it

Advance the disability rights movement

**AFFILIATIONS:**

Texas Advocates



The Arc of DFW Area





# Session Goals: Answer Who, What, How, Why

- **What** are the LTSS programs for persons with IDD
- **What** is an entitlement vs. a non-entitlement program
- **Who** is eligible to receive services
- **How** do I access services
- **What** do these acronyms mean
- **Why** is the wait so long for some services
- **What** you can do to help reduce the wait



# Long-Term Services and Supports (LTSS) Defined

Long Term Services and Supports (LTSS) are generally defined as **home and community-based services (HCBS)** or **institutional services** designed to help a person with a disability or chronic illness accomplish daily activities, optimize their health and retain their independence.

Learn about Texas Health and Human Services Commission (HHSC) LTSS State Medicaid Plan services, Medicaid LTSS Waiver programs, and Title XX Community Supports and Services [here](#).

# Medicaid State Plan Services

## Texas LTSS Entitlement Programs

### SSLCs - State Supported Living Centers - large state/public operated ICF/IID

- for persons with I/DD
- 2841 residents
- provides residential and habilitation services
- employees are state employees
- OCR continues to monitor the Centers as part of a 2009 settlement agreement

### Private Community-Based ICF/IID

- for persons with I/DD
- 6 or more beds-residents
- provides residential & habilitation services
- no new funding

### Nursing Facility

- for persons who need skilled nursing
- privately operated

# Medicaid State Plan Services Texas LTSS Entitlement Programs

## Community First Choice ([CFC](#)) Services

**For individuals who meet an institutional level of care,  
to prevent institutionalization!!!**

- launched in 2015
- for Medicaid recipients with disabilities of all ages
- service options include personal assistance services (PAS)/habilitation (HAB) & Emergency Response Services (ERS)
- can receive services while waiting for an LTSS Medicaid Waiver program

CFC is also a part of many LTSS Medicaid Waiver programs.

Compare all Community-Based LTSS Texas Medicaid State Plan Services [here](#).

# Texas Home and Community-Based Services 1915(c) Medicaid *Waiver* Programs

Under section 1915(c) of the Social Security Act, states can develop home and community-based services waivers ([HCBS Waivers](#)) to meet the needs of people who prefer to receive long-term care services and supports in their home or community, rather than in an institutional setting.

- allows states to “waive” certain Medicaid program requirements
- are fee-for-service programs
- require individuals to meet criteria that are set by the state

Learn more [here](#).

# Texas Medicaid Waiver Programs

Waiver programs “waive” off some institutional settings

## 4 waive off an ICF-IID/State Supported Living Center (SSLC)

- Community Living and Support Services (CLASS)
- DBMD – Deaf Blind Multiple Disability (DBMD)
- Home and Community-based Services (HCS)
- Texas Home Living (TxHmL)

## 2 waive off Nursing Facilities (NF)

- Medically Dependent Children’s Program (MDCP)
- STAR+PLUS Waiver (1115 demonstration waiver)

# Texas Medicaid Waiver Programs

Each waiver program has different eligibility requirements.

## AGE REQUIREMENT

MDCP & STAR+PLUS are the only waiver programs that consider a person's age.

## FUNCTIONAL ELIGIBILITY

functional eligibility criteria must be met for the specific waiver

## FINANCIAL ELIGIBILITY

does **NOT** always consider parental income  
(within 300% of SSI monthly income limit)

**TXHmL is the only exception - parental income is considered for a minor child.**

# Texas Medicaid Waiver Programs

**Acute care (medical) services are provided through  
Medicaid Managed Care – MMC**

Medicaid Managed Care beneficiaries must:

- enroll in a Managed Care Organization (MCO) health plan
- follow the rules when accessing services
  - select a primary care physician
  - secure prior authorization for medical services
  - receive in-network treatment



# LTSS Medicaid Waiver Service Options

- **Adaptive Aids - AA**
- Behavioral Supports
- Community Living Supports
- **Employment Assistance - EA**
- **Financial Management Services - FMS**
- Host Home/Companion Care - HH/CC
- **Minor Home Modifications - MHM**
- Nursing
- Residential Support Services - RSS
- Respite
- Service Coordination
- Specialized Therapies
  - Cognitive Rehabilitation Therapy
  - Hippotherapy
  - Music Therapy
  - Occupational Therapy
  - Physical Therapy
  - Speech Therapy
- Supervised Living - SL
- **Supported Employment - SE**
- Supported Home Living Transportation
- **Unlimited Prescriptions**

**NOTE: Additional services are available, this is not an exhaustive list.  
Service options will vary by program.**



# Consumer Directed Services – CDS

CDS is a service delivery option where the individual receiving services or the legally authorized representative (LAR) hires and manages the people paid through public funds to help the person live in the community.

You have a choice about how your services are managed:

- Agency option (agency managed)
- Service responsibility option (co-managed)
- Consumer Directed Services employer (self-managed)

# Texas Medicaid Waiver Programs

- are **NOT** entitlement programs
- are offered on a first come, first served basis

## GET ON THE LISTS NOW!

★ HCS & TxHmL: Contact your Local Intellectual and Developmental Disability Authority (LIDDA)

Tarrant County Residence: 1-800-866-2645, [www.mhmrtc.org](http://www.mhmrtc.org)

Other Counties, find your LIDDA: (<https://apps.hhs.texas.gov/contact/search.cfm>)

★ CLASS, DBMD & MDCP: Call 1-877-438-5658

★ STAR+PLUS: Call 1-877-782-6440

Review the interest list reduction summary [here](#).



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# Thank you!

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# Additional Links

- Links mentioned during presentation
  - [Person Centered Planning](#) The Arc DFW Area
  - [Diversion Slots](#): A way off HCS Waiting Lists
  - Electronic Visit Verification ([EVV](#))
  - Commissioners SBOE Rules §89.63(2) – Instructional Arrangements – [Homebound](#) (page D-17)