

Compare “Value-Added” or Extra Services STAR+PLUS Medical Plans Offer in the Dallas Service Area

(Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall counties)



TEXAS
Health and Human
Services

TEXAS
STAR+PLUS
Your Health Plan ★ Your Choice

STAR+PLUS Program Services for Dual Eligible Members:

If you are covered by both Medicaid and Medicare, most of your basic health services and medicines your doctor orders (prescriptions) are covered by Medicare. Through STAR+PLUS you will get long-term services and help getting other services you need. The STAR+PLUS plan you pick will pay for Medicaid-approved medicines and services you get that are not covered by Medicare. These include long-term services such as:

- Adult day care
- Adult foster care
- Nursing
- Emergency response services
- Short-term help for caregivers
- Medical supplies
- Assisted living / home care
- Personal assistance (help with dressing, eating, and bathing)
- Adaptive aids (things like walkers and canes)
- Home modifications (things like wheelchair ramps and grab bars)
- Speech therapy (helping you learn to speak again or speak better)
- Occupational therapy (helping you learn to do everyday activities)
- Physical therapy (helping you learn to move around better or become stronger)

Extra Services:

In addition to the services listed above, the STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan’s extra services, call the number under that plan’s name.

A “blank” under a plan’s name means that the plan does not offer the service listed.

	Molina Healthcare of Texas	Superior HealthPlan
For questions or doctor information:	866-449-6849	877-277-9772
TTY line for people with a hearing or speech disability:	800-735-2989 or 711	800-735-2989
Health Plan website:	www.molinahealthcare.com	www.SuperiorHealthPlan.com

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
24-Hour Nurse Line	Yes	Superior’s 24-hour nurse advice line is a health information line staffed by registered nurses who are ready to answer your questions 24 hours a day, every day of the year.

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
Extra Help with Getting a Ride	\$25 Gas Card for doctor follow-up visit within 30 days of leaving the hospital.	
Dental Services	Up to \$250 per year for dental checkups, x-rays and cleaning for members 21 and older.	
Home Visits	Up to an extra 8 hours respite services per calendar year for non-STAR+PLUS waiver members age 21 and over.	Members age 21 through 115 will have access to eight hours of in-home respite care services. This will provide members the opportunity to continue to be cared for in their own environment while giving their caregiver an opportunity to have a break.
Health and Wellness Services	<ul style="list-style-type: none"> • Weight Watchers program meeting vouchers for members 15 and older with BMI of 30 or more and diabetic members with A1c of 8 or more. • Body weigh scale once yearly for members with congestive heart failure. • Free membership in National Stop-Smoking program for members 18 and older and pregnant women of any age. • Up to 10 home-delivered meals each year after getting out of hospital or nursing facility for non-STAR+PLUS waiver members 21 and older. • Home blood pressure monitoring kit for members with cardiovascular disease. • Home exercise kit (includes jump rope, tubing with handles, flat resistance band, pedometer, reflective arm band, Get Started guide, Exercise Flip Cards, 6 week fitness and nutrition plans, articles, recipes, advice, and online exercise library) for members 12 and older with BMI of 30 or more and diabetic members with A1c of 8 or more. 	<ul style="list-style-type: none"> • Free access to mystrength.com, an online and mobile application resource to improve mental health and overall well-being, including help with depression and anxiety. • Members will have access to ten home-delivered prepared meals at the time of discharge planning resulting from an acute inpatient hospital stay or discharge from a nursing home back into the community setting. Nutritional dietary support is available to all non HCBS waiver STAR+PLUS members 21 and older who don't live in ICF-IDD residential homes.
Gift Programs	<ul style="list-style-type: none"> • Members with major depression and currently taking an antidepressant medication, who remain on their medication for 84 days would receive a \$20 gift card and an additional \$20 gift card for remaining on medication for 180 days. • \$20 gift card for members who complete an office visit with their primary care provider or behavioral health specialist within 7 days of hospitalization for a mental health condition and an additional \$20 gift card for completing an office visit within 30 days of hospitalization for a mental health condition. • Four visits per year with a registered dietitian for members 21 and older who have diabetes. • \$10 gift card for members who complete a follow-up doctor visit within 30 days of getting out of the hospital. • \$10 gift card for STAR+PLUS Hidalgo members who complete a follow-up primary care provider visit within 3 weeks of being in the emergency room. • Free accessory tote bag for members. Available one time only. 	
Emergency Response Services (ERS)	Emergency response services for non-STAR+PLUS Waiver (non-SPW) members 21 and older.	Round-the-clock emergency response services for non-STAR+PLUS HCBS waiver, non-CFC adult members for up to six months when discharging from a hospital or nursing facility.
Pest Control	Pest Control Services every three months for STAR+PLUS members in Bexar, El Paso, Harris, and Jefferson only who complete the Asthma Disease Management "Breathe with Ease®" Program.	