



The Intellectual
and Developmental
Disabilities Council
of Tarrant County

Welcome

Navigating the IDD Service System:

**What services is a person with an IDD eligible
for and why are they so hard to access?
PART 2**

Presented by Cindi Paschall, The Self-Determination Group

Tuesday, August 25, 2020



@IDDCouncil



/IDDCouncil



Intellectual and
Developmental
Disabilities Council
of Tarrant County

PURPOSE

To transform the region into an inclusive community where individuals with intellectual and developmental disabilities (IDD) thrive.

MISSION

To bring stakeholders together to create an environment for the development of an efficient and accessible system of support for people with intellectual and developmental disabilities.



Intellectual and
Developmental
Disabilities Council
of Tarrant County

Membership Driven

Premier Partners:



Centered in Care
Powered by Pride



Organizational Partners:



and many individual and family memberships. Join us!



Intellectual and
Developmental
Disabilities Council
of Tarrant County

Welcome August Members!

- Tamesha Sowell
- Cook Children's Medical Center
- Your Name Belongs Here!
[Membership Form](#)

FACILITATOR

CINDI IS A PARENT PASSIONATELY INVOLVED IN ADVANCING THE RIGHTS OF PEOPLE LIVING WITH DISABILITY LABELS. CINDI HAS DEDICATED THE PAST 24 YEARS TO ADVOCACY, APPLYING HER PERSONAL EXPERIENCE AND KNOWLEDGE IN HELPING OTHERS. OVER THE YEARS SHE HAS WORKED AND VOLUNTEERED FOR VARIOUS ORGANIZATIONS SET UP TO ASSIST AND EMPOWER INDIVIDUALS WHO HAVE A DISABILITY AND THEIR FAMILY TO LIVE A SELF-DETERMINED LIFE – ONE THEY DEFINE, NOT THE SYSTEM. CURRENTLY CINDI SERVES AS AN ASSISTANT OF THE SELF-DETERMINATION GROUP AND IS A FREQUENT SPEAKER AT LOCAL AND STATEWIDE EVENTS. CINDI'S PASSION IS FUELED BY HER DAUGHTER'S DETERMINATION TO LIVE A SELF-DETERMINED LIFE AND GIVE OTHERS A VOICE.





Navigating the IDD Service System: What services is a person with an IDD eligible for and why are they so hard to access?

Part 2: Barriers to Access & What YOU Can Do To Help

Cindi Paschall - Assistant, The Self-Determination Group
an affiliate of The Arc of DFW Area



WHEN: Established in 2014 by Carissa Paschall & Jamie Butler

WHY: Amplify the voices of people with disabilities to live a self-determined life – life as each person defines it

Advance the disability rights movement

AFFILIATIONS:

Texas Advocates



The Arc of DFW Area



STAY CONNECTED:

Email: TheSDG@thearcofdfw.org

Facebook: @TheSelfDeterminationGroup

Session Goal: Answer the question: Why does it take so long to access LTSS programs & where we go from here.

- Quick review of IDD Services Programs
- Why the wait is so long for some services
- What you can do to help reduce the wait



Long-Term Services and Supports (LTSS) Defined

Long Term Services and Supports ([LTSS](#)) are generally defined as **home and community-based services (HCBS)** or **institutional services** designed to help a person with a disability or chronic illness accomplish daily activities, optimize their health and retain their independence.



Texas LTSS Medicaid Entitlement Programs

- State Supported Living Center ([SSLCs](#))
- Private Community-Based [ICF/IID](#)
- Nursing Facility (NF)
- Community First Choice ([CFC](#))
 - launched in 2015
 - institution level of care, to prevent institutionalization
 - part of many Waiver programs
 - can receive services while waiting for a Waiver

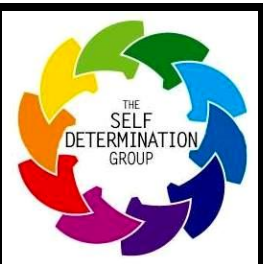


Eligibility creates an entitlement.

Can't establish a interest list for services.

Services are largely provided in an institution-based setting.

Also called [State Plan Benefits](#).



Texas LTSS Medicaid Waiver Programs

- Community Living and Support Services ([CLASS](#))
- Deaf Blind Multiple Disability ([DBMD](#))
- Home and Community-based Services ([HCS](#))
- Medically Dependent Children's Program ([MDCP](#))
- STAR+PLUS Waiver
- Texas Home Living ([TxHmL](#))
- Youth Empowerment Services ([YES](#))
 - * for children and youth (3-18) with serious mental, behavioral and emotional support needs



Click [here](#) for **detailed** information about each waiver program.

Texas LTSS Medicaid Waiver Programs

Two Funding Paths

1) INTEREST LIST / “WAIT LIST”

first come, first served

2) PROMOTING INDEPENDENCE

HCS Diversion Slot

Transition from an
institution to the community

Texas Promoting Independence ([PI](#))

Each program has different
eligibility requirements...

AGE:

MDCP, STAR+Plus & Yes are the only Waiver programs that consider a person's age.

FINANCIAL:

Does NOT always consider parental income.

FUNCTIONAL:

Must be met for each specific waiver program.

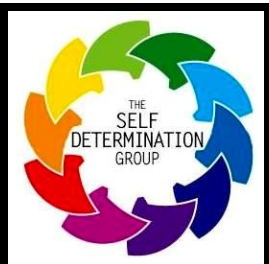
Eligibility is **NOT** determined until a person reaches the top of the interest list.



The “Interest” Lists

Average wait time as of June 2020		Number Waiting
CLASS	14-15 years	77,280
DBMD	4-5 years	859
HCS	15-16 years	107,430
MDCP	5-6 years	6,525
STAR+PLUS	4-5 years	15,431
TxHmL	4-5 years	89,799

View the Interest List Reduction Summary [here](#).
The unduplicated count across all six Interest Lists is: **162,538**.



By and for people with disabilities .

Texas Medicaid Waiver Programs

GET ON THE “INTEREST” LISTS NOW!

- ★ **HCS & TxHmL:** Contact your Local Intellectual and Developmental Disability Authority ([LIDDA](#))
 - Tarrant County Residence: 1-800-866-2645, www.mhmrtc.org
 - Other Counties, find your LIDDA:
<https://apps.hhs.texas.gov/contact/search.cfm>
- ★ **CLASS, DBMD & MDCP:** Call 1-877-438-5658
- ★ **STAR+PLUS:** Call 1-877-782-6440
- ★ **YES Waiver:** Click [here](#) for the phone number to your local mental or behavioral health authority YES waiver inquiry line.



still waiting...



Institutional Bias

What we know...

- ¹Texas ranks 49th among all 50 states and the District of Columbia on how well they serve individuals with IDD served by Medicaid
- Texas operates 13 SSLCs for a declining population
- ³Texas has not closed an SSLC since 1996
- Texas entered into a [settlement agreement](#) with the DOJ in June 2009
 - ANE, sub-standard levels of care, and [Olmstead](#) violations ([complaint](#))
 - Facilities have and continue to be evaluated by independent monitors – **11 years later**
- ²The Sunset Advisory Commission recommended the closure of the Austin SSLC in their 2015 report.



Source

¹UCP: A Case for Inclusion 2019 [Report](#)

²Sunset Advisory Commission 2015 [Report](#)

³Down Sizing the State Supported Living Center System: Texas LBB Issue [Brief](#)

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- SSLCs are far more costly than community alternatives

Cost Analysis Report – 2019

Monthly Average Cost per Individual Served by Setting

State Operated ICF-IID/RC (State Supported Living Center [SSLC])*	
Long-Term Care Costs – Average	19,125.24
Administrative/Overhead Costs	6,278.26
Total State Operated ICF-IID/RC Costs	25,403.50
Non-State Operated ICF-IID/RC (Community ICF/IID)	
Long-Term Care Costs – Average	4,347.95
Acute Care Cost – Average	364.58
Total non-State Operated ICF-IID/RC Costs	4,712.53
HCS Waiver: Residential	
Long-Term Care Costs – Average	5,294.41
Acute Care Cost – Average	839.09
Total HCS: Residential Costs	6,133.50
HCS Waiver: Non-Residential	
Long-Term Care Costs – Average	2,848.28
Acute Care Cost – Average	655.16
Total HCS: Non-Residential Costs	3,503.44
HCS Waiver: All Settings	
Long-Term Care Costs – Average	3,670.75
Acute Care Cost – Average	716.97
Total HCS: All Settings Costs	4,387.72
Texas Home Living Waiver (TxHmL)	
Long-Term Care Costs – Average	1,914.73
Acute Care Cost – Average	729.92
Total TxHmL Costs	2,644.65

*Data are based on fiscal year 2018 cost report as fiscal year 2019 cost report has not been audited.

Texas HHSC Cost Comparison [Report](#)

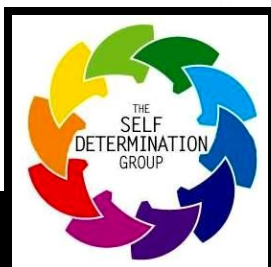


By and for people with disabilities .

— Facilities themselves are a source of rising costs

Table 9: Cost Projections for Maintenance of Residential and Day Program/Direct Support Services Buildings for SSLCs, Fiscal Years 2017-2025

	Day Program & Direct Support Buildings	Residential Buildings	Sub-Total	% of Total Maintenance Cost	Total Maintenance Cost
2017	32,086,185	32,742,072	64,828,257	64.4%	100,638,435
2018	10,708,445	10,464,549	21,172,994	46.0%	70,372,475
2019	43,946,694	47,973,245	91,919,939	68.5%	134,130,007
2020	14,705,004	13,145,247	27,850,251	52.6%	80,957,703
2021	13,502,162	15,637,591	29,139,753	53.0%	54,966,743
2022	13,502,162	15,637,591	29,139,753	53.0%	54,966,743
2023	11,126,166	10,390,548	21,516,713	46.8%	46,022,332
2024	11,126,166	10,390,548	21,516,713	46.8%	46,022,332
2025	11,126,166	10,390,548	21,516,713	46.8%	46,022,332
Total	\$161,829,150	\$166,771,939	\$328,601,086	53.1%	\$634,099,102



Legislative Appropriations [Request](#) For Fiscal Years 2020-2021

By and for people with disabilities .

How Can YOU Help?

ADVOCATE - IT IS NOT ENOUGH TO BE RIGHT!

“Freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed.” -- MLK, Jr.

- Educate yourself, family, friends and decision makers
- [Sign-up](#) for and respond to Action Alerts from The Arc of Texas
- Know the candidates running for office – where do they stand
- VOTE like your life depends on it, because it does!
- Provide public testimony
- Write a Letter to the Editor
- Share information through social media



By and for people with disabilities .

Why Your Help is Needed

**To help amplify the voice of
people with disabilities**

Medicaid Waiver programs are
NOT entitlement programs

**State Legislature decides the
number of slots to fund, or
NOT fund every biennium**

Everyone should have the
right to self-determination

Because we can no longer
ask people with disabilities
to be patient while they

WAIT

WAIT

WAIT

for access to community-based
services so they can live the
life others take for granted!



By and for people with disabilities .

THANK YOU!

We're not just advocating for
access and **equality**.

We're advocating for
our **basic human rights**!

The **quality of our lives**,
our entire **existence**!

Cindi Paschall

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Thank you!

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