

# Compare Extra Services STAR+PLUS Medical Plans Offer in the Dallas Service Area

(Collin, Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall counties)



## STAR+PLUS Program Services for Members with Medicaid Only:

Every STAR+PLUS medical plan offers the same basic set of health services you've been getting through traditional Medicaid. In addition to those services, STAR+PLUS plans offer more, such as:

- Health education classes
  - Service coordination (helping you get the services you need)
  - No limit on medicines your doctor orders (prescriptions)
- Through STAR+PLUS you also get long-term services such as:
- Adult day care
  - Adult foster care
  - Nursing
  - Medical supplies
  - Assisted living/ home care
  - Emergency response services
  - Short-term help for caregivers
  - Adaptive aids (things like walkers and canes)
  - Personal assistance (help with dressing, eating, and bathing)
  - Home modifications (things like wheelchair ramps and grab bars)
  - Speech therapy (helping you learn to speak again or speak better)
  - Occupational therapy (helping you learn to do everyday activities)
  - Physical therapy (helping you learn to move around better or become stronger)

## Extra Services:

In addition to the services listed above, the STAR+PLUS medical plans in your area also offer extra services. These extra services cannot be used in place of services provided by Medicaid, including those provided by the following programs: Intermediate Care Facilities for Individuals with Intellectual Disabilities or Related Conditions (ICF-IID), Home and Community-based Services (HCS), Community Living Assistance and Support Services (CLASS), Deaf Blind with Multiple Disabilities (DBMD), and Texas Home Living (TxHmL).

Use this chart to compare the extra services each plan offers its members. If you have questions about a plan's extra services, call the number under that plan's name.

A "blank" under a plan's name means that the plan does not offer the service listed.

	Molina Healthcare of Texas	Superior HealthPlan
For questions or doctor information:	866-449-6849	877-277-9772
TTY line for people with a hearing or speech disability:	800-735-2989 or 711	800-735-2989
Help for mental health, drug, or alcohol problems:	866-449-6849	877-277-9772
For prescription or medicine information:	866-449-6849	877-277-9772
Health Plan Website:	www.molinahealthcare.com	www.SuperiorHealthPlan.com

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
24-Hour Nurse Line	Yes	Superior's 24-hour nurse advice line is a health information line staffed by registered nurses who are ready to answer your questions 24 hours a day, every day of the year.

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
Extra Help with Getting a Ride	\$25 gas card for doctor follow-up visit within 30 days of leaving the hospital.	Help getting a ride to behavioral health doctor visits and community supports and services for members ages 21 and older.
Dental Services	Up to \$250 per year for dental checkups, x-rays and cleaning for members 21 and older.	Members 21 and older may receive up to \$250 each year for exams, x-rays, cleanings and fluoride treatments.
Extra Vision Services	\$100 eyewear allowance towards upgrades for frames, lenses, or contacts every two years.	\$100 for choice of upgraded eyeglass frames and lenses or contact lenses every year.
Discount Pharmacy / Over-the-Counter Benefits	\$10 gift card for over-the-counter medicines every three months, upon request for members.	Up to \$30 allowance for over-the-counter items mailed to your home every three months, no prescription required.
Temporary Phone Help		<ul style="list-style-type: none"> <li>• Up to 750 additional minutes per month for members using Safelink phones who are enrolled in a case management program.</li> <li>• Connections Plus Phone and monthly minutes for members who don't qualify for a Safelink phone and are enrolled in a case management program.</li> </ul>
Help for Members with Asthma	Allergy-free mattress cover and pillow case for members with asthma that complete the 3-month Asthma Disease Management Breathe with Ease® Program.	Learn how to manage your asthma by enrolling in Superior's asthma management program. Receive an allergy free mattress cover and pillow case to help track your asthma and control your symptoms.
Extra Help for Pregnant Women		<ul style="list-style-type: none"> <li>• Start Smart for Your Baby® program for pregnant women offers educational materials and gifts for going to prenatal and postpartum visits on time.</li> <li>• Pregnant members can earn up to \$150 for completed activities to buy things like baby care items. <ul style="list-style-type: none"> <li>○ Complete a Notification of Pregnancy form and</li> <li>○ Attend an educational, community baby shower where they will receive a diaper bag, a starter supply of diapers, and a car seat.</li> </ul> </li> </ul>
Home Visits	Up to an extra 8 hours respite services per calendar year for non-STAR+PLUS waiver members age 21 and older.	Members 21 and older will have access to eight hours of in-home respite care services. This will provide members the opportunity to continue to be cared for in their own environment while giving their caregiver an opportunity to have a break.

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
<p>Health and Wellness Services</p>	<ul style="list-style-type: none"> <li>• Weight Watchers program meeting vouchers for members 15 and older with BMI of 30 or more and diabetic members with A1c of 8 or more.</li> <li>• Body weigh scale once yearly for members with congestive heart failure.</li> <li>• Free membership in National Stop-Smoking program for members 18 and older and pregnant women of any age.</li> <li>• Up to 10 home-delivered meals each year after getting out of hospital or nursing facility for non-STAR+PLUS waiver members 21 and older.</li> <li>• Home blood pressure monitoring kit for members with cardiovascular disease.</li> <li>• Home exercise kit (includes jump rope, tubing with handles, flat resistance band, pedometer, reflective arm band, Get Started guide, Exercise Flip Cards, 6 week fitness and nutrition plans, articles, recipes, advice, and online exercise library) for members 12 and older with BMI of 30 or more and diabetic members with A1c of 8 or more.</li> <li>• \$75 gift card each year for members who refill their diabetic medication for 6 consecutive months.</li> <li>• \$75 gift card each year for members with a diagnosis of hypertension who refill their high blood pressure medicine for 6 consecutive months.</li> </ul>	<ul style="list-style-type: none"> <li>• Free access to mystrength.com, an online and mobile application resource to improve mental health and overall well-being, including help with depression and anxiety.</li> <li>• For members interested in better eating habits and losing weight, Superior will provide vouchers for Weight Watchers™ or other equivalent program to attend local meetings or participate in the online program.</li> <li>• Members will have access to ten home-delivered prepared meals at the time of discharge planning resulting from an acute inpatient hospital stay or discharge from a nursing home back into the community setting. Nutritional dietary support is available to all non HCBS waiver STAR+PLUS members 21 and older who don't live in ICF-IDD residential homes.</li> </ul>
<p>Gift Programs</p>	<ul style="list-style-type: none"> <li>• Members with major depression and currently taking an antidepressant medication, who remain on their medication for 84 days would receive a \$20 gift card and an additional \$20 gift card for remaining on medication for 180 days.</li> <li>• \$20 gift card for members who complete an office visit with their primary care provider or behavioral health specialist within 7 days of hospitalization for a mental health condition and an additional \$20 gift card for completing an office visit within 30 days of hospitalization for a mental health condition.</li> <li>• One \$20 gift card each year for current female members between the ages of 50 to 74 at average risk, who complete a recommended mammogram.</li> <li>• \$20 gift card for members who have diabetes after completing a diabetic eye exam each year.</li> <li>• \$20 gift card for members who have diabetes after completing an A1c blood test each year.</li> <li>• Four visits per year with a registered dietitian for members 21 and older who have diabetes.</li> <li>• \$10 gift card for members who complete a follow-up doctor visit within 30 days of getting out of the hospital.</li> <li>• \$10 gift card for STAR+PLUS Hidalgo members that complete a follow-up primary care provider visit within 3 weeks of being in the emergency room.</li> <li>• Free accessory tote bag for members. Available one time only.</li> <li>• \$30 gift card for members who have diabetes and complete an A1c blood test twice a year.</li> <li>• \$25 gift card for female members ages 21-64, at average for cervical cancer, who complete a recommended cervical cancer screening.</li> <li>• \$20 gift card for members with a diagnosis of schizophrenia or bi-polar receiving antipsychotics who complete an A1c screening once per year.</li> </ul>	

Value-added Services	Molina Healthcare of Texas	Superior HealthPlan
Extra Foot Doctor (Podiatry) Services		Extra podiatry services for members who have a medically necessary reason for more frequent foot care (for example, members with diabetes and peripheral artery disease), to help maintain careful watch on foot sores that don't heal properly and to help avoid dangerous infections or decubitus ulcers. Up to four additional routine podiatry services every calendar year above the Medicaid benefit.
Emergency Response Services (ERS)	Emergency response services for non-STAR+PLUS Waiver (non-SPW) members 21 and older.	Round-the-clock emergency response services for non-STAR+PLUS HCBS waiver, non-CFC adult members for up to six months when discharging from a hospital or nursing facility.
Pest Control	Pest Control Services every three months for STAR+PLUS members in Bexar, El Paso, Harris, and Jefferson only who complete the Asthma Disease Management "Breathe with Ease®" Program.	

Additional Behavioral Health Benefits	Molina Healthcare of Texas	Superior HealthPlan
Inpatient Follow-up Incentive Program		\$10 gift card for members 21 and older who go to a follow-up visit to the doctor within 7 days of their first hospital stay of the year.