



The Intellectual
and Developmental
Disabilities Council
of Tarrant County

Welcome

Dental Health and IDD

**Presented by Dr. Charles Miller, Past President Texas Dental Association,
partner in Drs. Hyde, Miller & Associates Pediatric Dentistry**

Thursday, July 28, 2020



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Intellectual and
Developmental
Disabilities Council
of Tarrant County

PURPOSE

To transform the region into an inclusive community where individuals with intellectual and developmental disabilities (IDD) thrive.

MISSION

To bring stakeholders together to create an environment for the development of an efficient and accessible system of support for people with intellectual and developmental disabilities.



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Membership Driven

Premier Partners:



Centered in Care
Powered by Pride



Organizational Partners and many individual memberships



PROGRESSION OF PEDIATRIC DENTISTRY

- **Until the 1990's, Pediatric Dentistry treated all people with IDD including adults and people with medically fragile conditions.**
- **Legislative Bill for Medicaid Dental Benefits pilot program introduced during last session**
 - Working on parameters and what benefits will be covered



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WHY ARE TEETH IMPORTANT

- Nutrition
 - Harder to eat
- Development
 - Teeth help stimulate your jaws to grow
- Speech
- Your smile
 - Goes to psychosocial development and personality



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BASIC CARE

- Limit sweets and between meal snacks (sucrose experiences)
 - During the 30 minutes after eating, bacteria forms the acid (byproduct of sweets)
- Brushing 2 minutes, two times a day
 - Mechanical or manual - soft bristle only
 - Larger handle toothbrushes often easier to grip
 - 3-sided toothbrushes
 - Small circles for kids, 45-degree angle for adults
 - Always brush before going to bed
- Waterpiks are not enough



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BE A MODEL

- Brush first or with the child watching
- Floss once per day
 - Routine creates the mode of letting you floss their teeth
 - Floss picks are easier to work with on your child
 - Use gentle sawing motion to prevent hurting their gums



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TOOTHPASTES

- Fluoride is same concentration in adult and children's paste
 - Adult pastes slightly more abrasive and hot taste
 - Colgate has highest concentration of cinnamon
 - Toddler toothpaste
 - No topical fluoride required for 18-24 months of age
- Transitioning from children to adult toothpaste
 - Mix the two
 - Tom's toothpaste often preferred for those with sensitivities
- Fluoride rinse
 - Option to dip toothbrush
 - Do not swallow



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PERIODONTAL DISEASE

- Tartar buildup causes bone loss around the teeth
- Cardiovascular disease
- Alzheimer's Disease



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DENTISTS

SELECTING AND COMMUNICATING NEEDS

- Ask your dentist
 - Do they see patients with disabilities on a regular basis
 - Do they schedule special times (open bay schedules)
 - Theme of the office/waiting area
 - Special chair to accommodate wheelchair
 - Restraint procedure
- Let your dentist know
 - Movement limitations
 - If bright lights affect them, loud noises, etc.
 - Certain tastes to avoid
 - Any habits (tongue thrusting, sucking thumb)



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DENTISTS – PREPARE YOUR CHILD

- They're going to count your teeth
- They want to make sure they're shiny
- They make sure your gums are healthy
- Brush their teeth before they come.
- They're going to ask you to open wide
- Hands on stomach
- They have a straw that will take out excess water
- Avoid using words that scare (Shot, Hurt, etc.)



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QUESTIONS?



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Is it okay to take a break?

Tuesday, August 4 ♦ Noon-1 pm

**Presented by Stephanie Morris, Parent and Family Advocate
My Health My Resources (MHMR) of Tarrant County**

The focus of the presentation is to speak, parent to parent about not taking a break from being a full-time caregiver. Learn what causes many parents to begin to crash and burn. As parent, Stephanie has been there and understands that burn out is real and it can begin to take a toll. She will also talk about the things we do to even sabotage our ability to get a break!

Follow us on social media for upcoming topics, events and networking opportunities



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Thank you!

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