

**Tuesdays: March 2-April 27, 6-7 p.m.**




**FIRE** FLEXING  
INDEPENDENCE  
RETAINING  
EMPLOYMENT

**Welcome!**

**Week 2 – Job Exploration (Part 1)**



The Intellectual  
and Developmental  
Disabilities Council  
of Tarrant County



**Tuesday,  
March 9, 2021**



# Reminders

- Mute your microphone unless requested to unmute yourself.
- Turn your camera off until asked to turn it on.
- To ensure confidentiality of all participants, do not share personal information, including address, phone number or other secret information.
- Private chats between participants are not allowed during the training session.



The Intellectual  
and Developmental  
Disabilities Council  
of Tarrant County



## PURPOSE

To transform the region into an inclusive community where individuals with intellectual and developmental disabilities (IDD) thrive.

## MISSION

To bring stakeholders together to create an environment for the development of an efficient and accessible system of support for people with intellectual and developmental disabilities.

# Additional Events



## Tuesday's Caregiver Education ♦ Noon-1 pm

- Mar. 16 – Severe Weather/Emergency Planning – Going Beyond the Checklist
- Mar. 23 – Human Trafficking: What You Need To Know
- Mar. 30 – Autism Awareness Week – a panel prospective

## Monthly IDD Council Meeting

First Thursday of Each Month, 8:30 a.m. – 10 a.m.

- Apr. 1 – Autism Awareness Week – Legislative Updates and more



# Egg My House!

Fundraiser supporting The Intellectual & Developmental Disabilities Council of Tarrant County

Let us 'egg' your house

with candy and toy filled plastic eggs or surprise your neighbors and friends with some Easter fun!

Eggs will be placed in the yard the evening of your choice Friday or Saturday before Easter. Eggs can be hidden for an additional fee.

Orders due by March 29



## PRICES:

25 EGGS FOR \$30

50 EGGS FOR \$50

100 EGGS FOR \$75 \*

\* Each additional dozen available for \$5



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PLACE YOUR ORDERS AT:

[www.iddcouncil.org/eggs](http://www.iddcouncil.org/eggs)

Delivery is limited to Tarrant County. Contact us for special delivery considerations.



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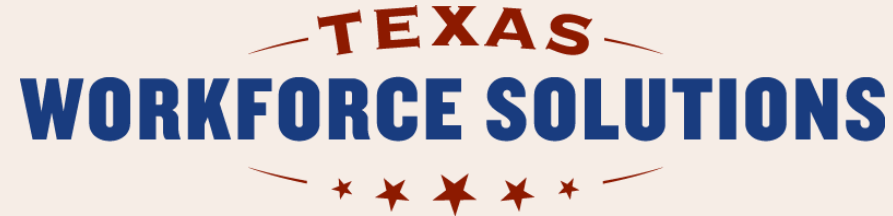
Fundraiser  
supporting the  
IDD Council of  
Tarrant County



The Intellectual  
and Developmental  
Disabilities Council  
of Tarrant County



# Special Thanks!



# JOB EXPLORATION

Robin Kuntz

Achievable Employment Solutions, LLC

MARCH 9<sup>TH</sup>, 2021

Turn on  
your  
camera if

...

- **you like to play  
video games**



Turn on  
your  
camera if  
...

■ **your favorite  
food is pizza**

Turn on  
your  
camera if  
...

- **you have a  
brother or  
sister**

Turn on your  
cameras if...

- **you have ever  
had a paying  
job out in the  
community**

Turn on  
your  
camera if  
...

- you have  
chores at  
home that you  
do on a  
regular basis

# CHORES

## Chores teach you ...

- how to work
- How to take directions
- How to take correction
- Specific skills
- Responsibility
- Time management
- To be an active member of you family
- Chores are **IMPORTANT!!!**

A red speech bubble graphic with a white outline, containing the text "Chores you are doing now...". The bubble has a tail pointing downwards and to the right.

Chores you  
are doing  
now...

- **Open your chat box and type in your favorite chores that you are doing now.**
- **Look at what your friends listed to see what you have in common.**

Chores you  
may not have  
thought of...

- **Set the table**
- **wash the dishes**
- **Empty dishwasher**
- **Take the trash out**
- **Feed pets**
- **Make bed**
- **Fold towels**
- **Do your laundry and put it away**
- **Vacuum/sweep floors**
- **Mow the lawn**
- **Dust furniture**

What type  
of job do I  
want???





A red speech bubble graphic with a white outline, containing the text 'Employment/Work Options'. The bubble has a tail pointing downwards and to the right.

## Employment/Work Options

- **Competitive – Full time employment**
- **Competitive – Part time employment**
- **Supported employment (FT, PT and/or customized)**
- **Competitive employment – Sheltered environment**
- **Self-employment**
- **Volunteer work**
- **Developing work skills (chores) to actively participate in your day (Day program or at home)**

# Getting to know me

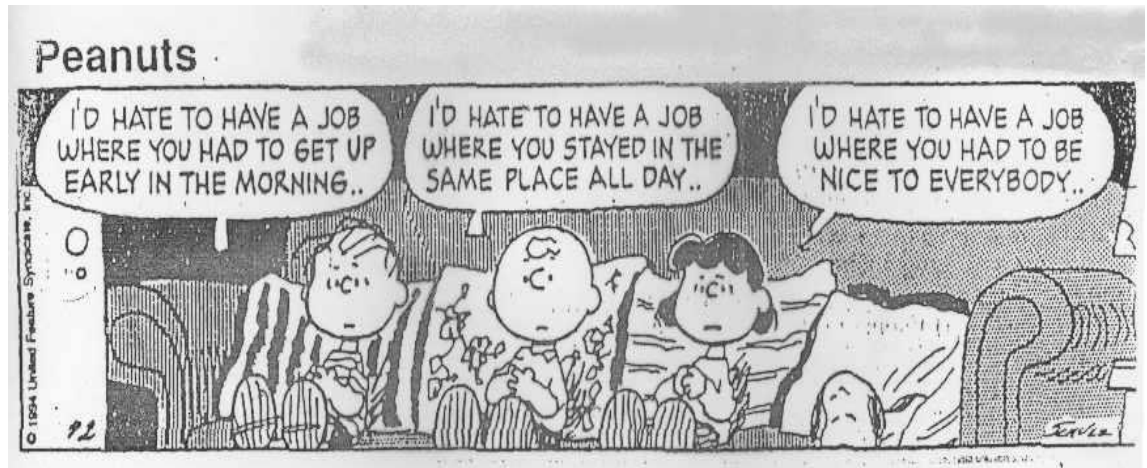
- What are you good at doing?
- What is hard for you?
- What do you do in your free time?
- Do you like being around a lot of people?
- Or only a few people?
- Are you shy or do you like to talk to people?



Volunteering  
– What are  
my options?

- **Charity stores (Grace, Goodwill store, etc)**
- **Hospitals**
- **Churches**
- **Libraries**
- **Airport**
- **Animal shelters**
- **Good banks**

Be like the  
Peanuts  
gang. Know  
what you like  
and don't  
like.



The Dream Job

CAUTION!

- Your first job is very often **NOT** the dream job – It is just a job that will lead to the next job...and then the next job, and so on...
- There is a fine line between what is a high area of interest – a **HOBBY** – and a high area of interest – a **JOB**.

The background features several concentric, curved lines in shades of gray, some solid and some dashed, creating a sense of motion and depth. A prominent red speech bubble is positioned on the left side of the slide.

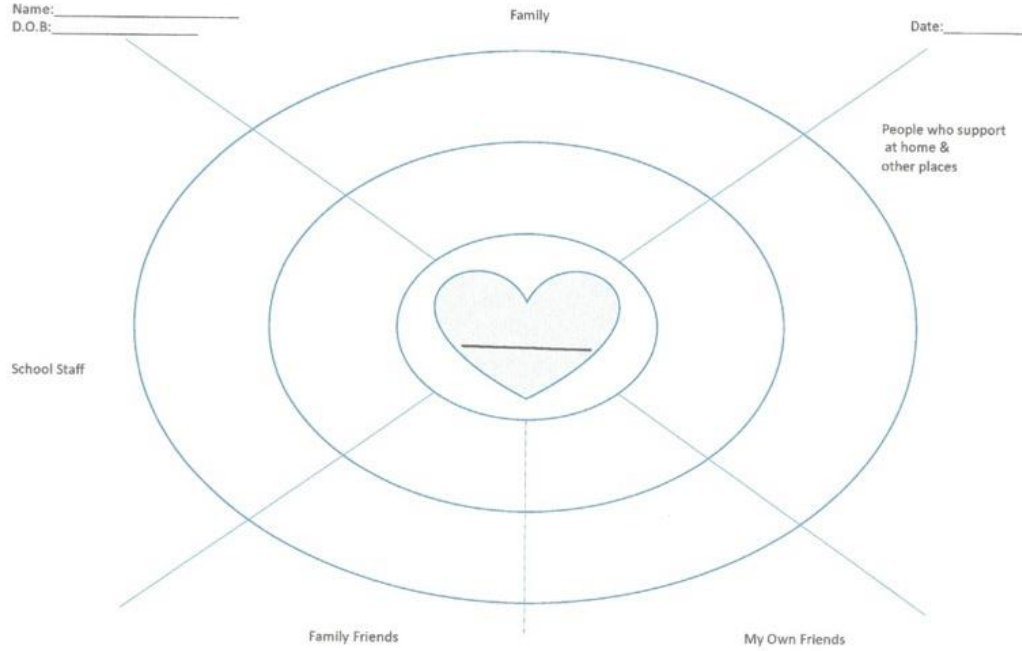
Person  
Centered  
Planning

- **Education/Training**
- **Independent Living**
- **Recreation/leisure**
- **Work/Employment**

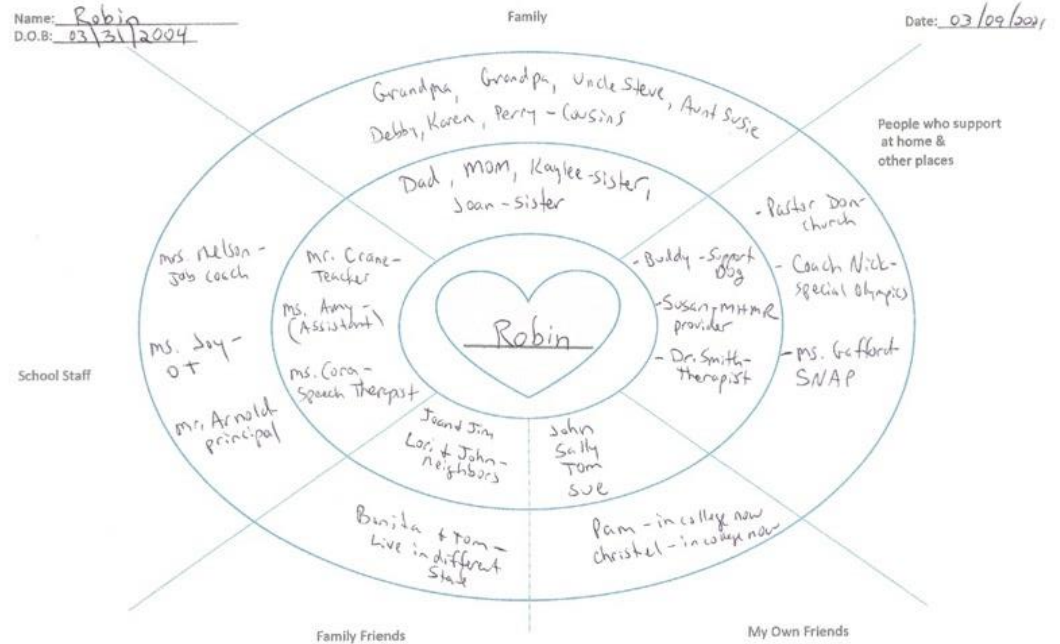
# Circle Of Support

Name: \_\_\_\_\_  
D.O.B: \_\_\_\_\_

Date: \_\_\_\_\_



# Circle of Support Sample





What's Important To Me  
What's Important For Me

**Person-Centered Assessment**

NAME \_\_\_\_\_ AGE: \_\_\_\_\_

<b>What is important to me?</b> What makes me happy and feel good about myself?	<b>What is important for me?</b> What are the things that keep me safe and healthy?
What else do we need to know?	

■ ;

A red speech bubble graphic with a white outline, containing the text 'TEST Me' in white. The bubble has a tail pointing downwards and to the right.

TEST  
Me

- **Personality Tests**
- **Interest Tests**

## 3 Choices

- [www.123test.com/career-test/](http://www.123test.com/career-test/)
- [www.careeronestop.org](http://www.careeronestop.org)
- [www.onetonline.org](http://www.onetonline.org)

# Homework Assignment

- **Print Circle Of Support Map**
- **Print Person Centered Planning Assessment**
- **Choose one of the Personality/Interest/Career tests listed**
- **Complete chosen test with at least one member listed on your Circle Of Support Map.**
- **Write down all of the jobs/careers listed in the results of your test that you are most interested in.**
- **Volunteers will be called on to share their results with the group.**

QUESTIONS  
?





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Texas Workforce Solutions

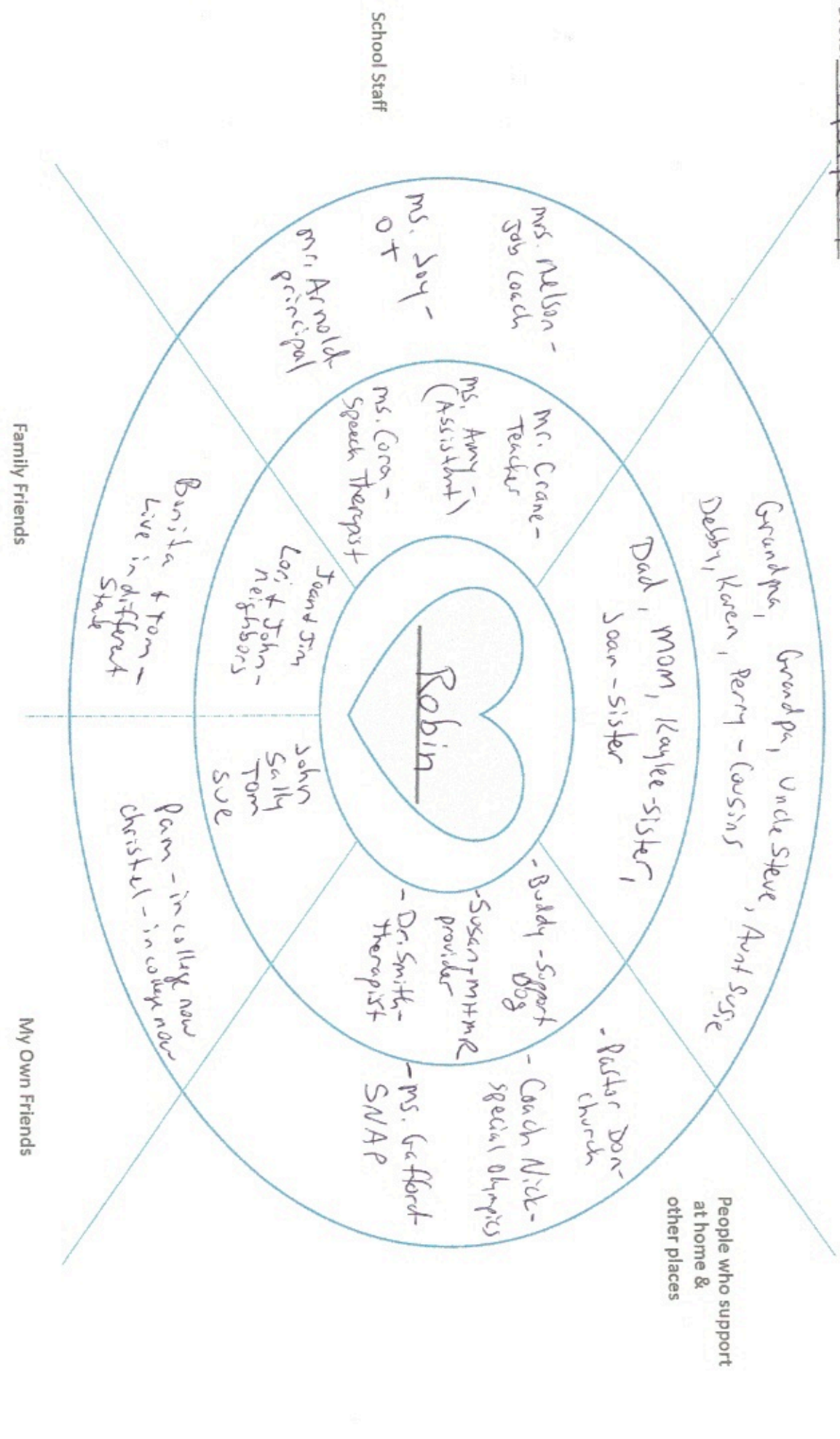
[Natacha.Mendenhall@twc.state.tx.us](mailto:Natacha.Mendenhall@twc.state.tx.us)

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Name: Robin  
D.O.B: 03/31/2004

Family

Date: 03/09/2009



Family Friends

My Own Friends